

For Families: What is Alithia and who attends?

Alithia's programs can be accessed by all children. Some of our children are educating from home and others are enrolled in school. Our centre is a community facility offering programs, workshops and support for families in ways that suit them. Some children attend up to four days per week, others attend one day. Some children like to have a family member stay, however most prefer to be independent. Alithia is not a home-school co-op. The children are in the care of our mentors while on site and are attending for holistic learning and development. We aim to have a ratio of mentor to kids set at less than 1:10. We aim to balance children's individual needs while teaching them to be reflective of group dynamics, social responsibility and working together when they can. Children are encouraged to listen to their bodies and have conversations / make agreements with mentors to help this balance. Children are encouraged to have respect for the group's learning journey, while ensuring their individual voices are heard and they have support for their emotional regulation. Please see this point on our mission statement below.

The director, Talua Hughes, can be contacted during work hours for any questions, concerns, conflict resolution, support, feedback on the programs and mentors, or for help finding ways to offer your child more support at Alithia (info@alithialearning.org.au. 0466586089).

Please register and enrol in programs online. Payment is not due until your second session, so a trial day is possible. If you do not wish to continue after a trial day, simply unenroll online and only pay for the one day (\$30). Please email Talula if you require a scholarship (you will need to register online before the scholarship can be applied to your account).

Mission Statement 2020

Alithia is a specialised learning environment, which sees children's social and emotional well-being as the key to lifelong learning and growth.

- Alithia is based on values of mutual respect, empathy, and inclusion.
- Alithia uses proven therapeutic techniques to support children as they develop their confidence, creativity, self-expression, and self-regulation.
- Alithia teaches unique tools for communication and conflict resolution, empowering children to engage in healthy relationships and feel a sense of safe belonging.
- **Alithia mentors work democratically with children to find the right balance between maintaining clearly structured rhythms, and ensuring space for children to explore their needs, interests and ideas.**
- Alithia encourages children to feel a sense of ownership and joy in their learning. Children help to plan activities that appeal to their natural curiosity and sense of fun.
- Alithia partners with other people and organisations to support this vision, including volunteers, funding partners, community organisations, and academics working in areas of child development and education.